



Some say depression is all in your head. Well, that's right. And wrong. It's right because depression is in the head, or more precisely, the brain. In fact, we've seen how it destroys the connections between brain cells.

Depression Is Real.

But saying depression is all in your head is also wrong. There's nothing imaginary about depression. It's a serious, medical condition that affects every aspect of a person's health. And untreated depression kills thousands of Americans a year — through suicide and by intensifying the symptoms of life threatening illnesses such as cancer and heart disease.

Hope Is Real, Too.

Today, research has identified many of the biological and environmental factors that contribute to depression. And medical science has developed effective treatments that can restore brain cell connections and lead to recovery. These treatments save lives. Depression is real. Fortunately, hope is real, too. To get the facts, please visit us at DepressionIsReal.org.

[Dr. Paul Greengard 2000 Nobel Laureate in Medicine]

“Every year, without any treatment at all, thousands stop suffering from depression. Because it kills them.”

DepressionIsReal.org